

Personal Supplies-Fall/Winter camping

CLOTHES

- 1) Long Johns-2 Pairs
- 2) Flannel Shirt -2
- 3) Sweater
- 4) Mittens-2 or 3 pairs
- 5) Gloves -1 Pair
- 6) Socks-2 pairs light weight
2 pair heavyweight wool
- 7) Pants -2 to 3 pairs of warm insulated pants
- 8) Snowsuit or insulated pants(don't need a snowsuit in the fall)
- 9) Boots, Warm lined snow boots in winter with an extra set of liners, Warm hiking or light winter boots for fall
- 10) Hat-toque, ski mask, scarf, ear muffs as dictated by fall/winter and weather

SLEEPING GEAR

- 1) Arctic sleeping bag or 2 sleeping bags plus flannel blanket
- 2) Small pillow and/or pillow case to put spare clothes in
- 3) Foam mattress or bubble ground sheet. Moisture resistant is a must!!
- 4) Spare blanket.

EQUIPMENT

- 1) Flashlight with fresh batteries
- 2) Hatchet and/or Knife (if its dull then leave it at home)
- 3) Emergency survival Kit
- 4) Paper plates
- 5) Knife, fork, spoon, plastic mug.
- 6) Toilet paper (2 rolls)
- 7) Waterproof matches
- 8) Sunglasses
- 9) Rope
- 10) Face cloth, towel, soap, toothbrush and toothpaste.
- 11) 2 large plastic garbage bags.
- 12) Handkerchiefs (2)

IT IS VITAL THAT YOU BE DRESSED PROPERLY AND HAVE THE PROPER SLEEPWEAR AND GEAR. If you are in doubt about what is needed, or if you need something Please contact me beforehand.

Since the body does not sweat much in cold weather IT IS IMPORTANT THAT YOU DRINK PLENTY OF FLUIDS to help your kidneys get rid of the body salts, etc Otherwise Medical problems could occur.

Winter/cold weather camping is fun provided that you are warm (properly dressed and outfitted) have good food and lots to drink and are prepared for a good night's sleep with the proper equipment. Remember you're scouts. BE PREPARED!